

## Satellite Pre - Post Test

1. Diabetes is a common clinical disorder, and therefore likely to be seen in the setting of other common disorders. List two co-morbidities that often occur with diabetes.

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2. Dietary suggestions for the prevention and treatment of high blood pressure include:

Consuming \_\_\_\_\_ to \_\_\_\_\_ servings of Fruits and Vegetables

Limit \_\_\_\_\_ fat as much as possible

Consume no more than \_\_\_\_\_ to \_\_\_\_\_ mg of sodium per day.

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3. List 3 Risk Factors for diabetes that can be modified:

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