

HEALTHY STEPS FOR YOUNG CHILDREN

Park Ridge, Illinois

www.healthysteps.org

Healthy Steps for Young Children (Healthy Steps) is a national evidence based initiative that focuses on the importance of the first three years of life and the close relationship between health care professionals, staff and parents in addressing the physical, emotional, and intellectual growth and development of children from birth to age three. Healthy Steps is an important first step toward using the development of the baby as a language to reach out to parents.

Who is Eligible for Training	<p>Fee for service four day trainings are available to participants with a professional health care or social service background and held at Advocate Health Care.</p> <p>On site custom designed training and technical assistance is available to groups including child care professional, family case managers, Department of Human Service workers, Early Intervention Providers, and others working with the birth to three population and their families</p>
Training Available	<p>Topics on Ages 0 – 3 that are imbedded in the four day training</p> <ul style="list-style-type: none"> • Teachable Moments in the Early Years • Developmental and Social Emotional screening tools • Normal and atypical child development • Domestic violence • Developmental delays and disabilities • Mental health • Family dynamics specific to maternal depression • Autism • Obesity prevention in the early years
Providers targeted for trainings	<p>Primary Care Physicians, Nurse Practitioners, Physician Assistants, Office Nurses, Medical Assistants, Public Health Nurses, Home Visitors, Prevention Initiative, Early Intervention Program Providers, Infant toddler practitioners, child care workers, Child Development Specialists, Social Workers, and others.</p>
Other populations targeted	<p>Those working with the Birth to Three Population and others whose contact in primary care is directly related to young children and families</p>
Training Format	<p>Power point presentation, educational teleconferences, case discussion, video clips, interactive learning activities, meeting on-site, technical assistance on-line, per phone, per group teleconference and in person.</p>
Cost	<p>\$300 per person attending Advocate four day training other prices available on request approx \$1000 per day per consultant plus materials, food, meeting rooms etc</p>
Credit, CEUs	<p>Credits available for Registered Nurses, Nurse Practitioners and Physicians, Continuing Education for Health Professionals</p>
Contact	<p>Anita Berry Director of Advocate Healthy Steps for Young Children Illinois Resource Center Early Childhood 205 W. Touhy, Suite 125 Park Ridge, IL 60068 Phone: 847-384-3313 Anita.berry@advocatehealth.com</p>