

A Guide for Buying Fresh Fruits and Vegetables

Use this buying guide to get the most food with your voucher

Steps to using this buying guide:

- Select a fruit or vegetable that is priced by the pound.
- Place the item on the grocery scale.
- Round the weight up to the nearest pound or half pound.
- Estimate the cost of the item based on the chart on the back.



NOTE: The chart on the back shows a quick estimate of the cost of an item priced by the pound. In some cases it will be necessary to round up the price or weight of an item to match the chart.



Example 1:

Bananas priced at \$.59/lb.; weight 1 $\frac{3}{4}$ lbs.

- Find the price per pound (\$.59/lb.) on the left side of the chart.
- Round the weight up to 2 lbs. Find 2 lbs. on the top.
- Follow the \$.59/lb. row to the right and the 2 lbs. row down until they meet.
- The weight (2 lbs.) and the price (\$.59/lb.) meet at \$1.18 on the chart

2 pounds at \$.59/lb. = \$1.18



Example 2:

Pears priced at \$1.46/lb.; weight 1 $\frac{1}{2}$ lbs.

- Round up the price per pound to \$1.49 to match the chart. Find the price per pound (\$1.49/lb.) on the left side of the chart.
- Round the weight up to 1 $\frac{1}{2}$ lbs. Find 1 $\frac{1}{2}$ lbs. on the top.
- Follow the \$1.49/lb. row to the right and the 1 $\frac{1}{2}$ lbs. row down until they meet.
- The weight (1 $\frac{1}{2}$ lbs.) and price (\$1.49) meet at \$2.24.

1 $\frac{1}{2}$ pounds at \$1.49/lb = \$2.24

Chart for Fresh Produce

Price per pound (lb.)	1 lb.	1 ½ lbs.	2 lbs.	2 ½ lbs.	3 lbs.	3 ½ lbs.	4 lbs.	4 ½ lbs.	5 lbs.
0.49	0.49	0.74	0.98	1.23	1.47	1.72	1.96	2.21	2.45
0.59	0.59	0.89	1.18	1.48	1.77	2.07	2.36	2.66	2.95
0.69	0.69	1.04	1.38	1.73	2.07	2.42	2.76	3.11	3.45
0.79	0.79	1.19	1.58	1.98	2.37	2.77	3.16	3.56	3.95
0.89	0.89	1.34	1.78	2.23	2.67	3.12	3.56	4.01	4.45
0.99	0.99	1.49	1.98	2.48	2.97	3.47	3.96	4.46	4.95
1.09	1.09	1.64	2.18	2.73	3.27	3.82	4.36	4.91	5.45
1.19	1.19	1.79	2.38	2.98	3.57	4.17	4.76	5.36	5.95
1.29	1.29	1.94	2.58	3.23	3.87	4.52	5.16	5.81	6.45
1.39	1.39	2.09	2.78	3.48	4.17	4.87	5.56	6.26	6.95
1.49	1.49	2.24	2.98	3.73	4.47	5.22	5.96	6.71	7.45
1.59	1.59	2.39	3.18	3.98	4.77	5.57	6.36	7.16	7.95
1.69	1.69	2.54	3.38	4.23	5.07	5.92	6.76	7.61	8.45
1.79	1.79	2.69	3.59	4.48	5.37	6.27	7.16	8.06	8.95
1.89	1.89	2.84	3.78	4.73	5.67	6.62	7.56	8.51	9.45
1.99	1.99	2.99	3.98	4.98	5.97	6.97	7.96	8.96	9.95
2.09	2.09	3.14	4.18	5.23	6.27	7.32	8.36	9.41	
2.19	2.19	3.29	4.38	5.48	6.57	7.67	8.76	9.86	
2.29	2.29	3.44	4.58	5.73	6.87	8.02	9.16		
2.39	2.39	3.59	4.78	5.98	7.17	8.37	9.56		
2.49	2.49	3.74	4.98	6.23	7.47	8.72	9.96		
2.59	2.59	3.89	5.18	6.48	7.77	9.07			
2.69	2.69	4.04	5.38	6.73	8.07	9.42			
2.79	2.79	4.19	5.58	6.98	8.37	9.77			
2.89	2.89	4.34	5.78	7.23	8.67				
2.99	2.99	4.49	5.98	7.48	8.97				
3.09	3.09	4.64	6.18	7.73	9.27				
3.19	3.19	4.79	6.38	7.98	9.57				
3.29	3.29	4.94	6.58	8.23	9.87				
3.39	3.39	5.09	6.78	8.48					
3.49	3.49	5.24	6.98	8.73					
3.59	3.59	5.39	7.18	8.98					
3.69	3.69	5.54	7.38	9.23					
3.79	3.79	5.69	7.58	9.48					
3.89	3.89	5.84	7.78	9.73					
3.99	3.99	5.99	7.98	9.98					

Shopping List (Example for \$6 voucher)

Fresh Produce	
Items	Price
2 lbs. Bananas	1.18
1 ½ lbs. Pears	2.24
1 broccoli at 2.49/bunch	2.49
Total	\$5.91

This institution is an equal opportunity provider.