Diabetes and Tobacco: A Harmful Combination
Pre-Assessment
Please Circle the answer that best represents your current practice.

1. I currently make referrals to our states Tobacco Quitline. Yes No

2. I currently ask each patient/client during each visit about their current tobacco use. Yes No

3. I feel comfortable talking with my patients/clients about tobacco cessation. Yes No

4. Smoking 1 cigarette reduces the body's ability to use insulin. True False

5. The 5 A's of Self-Management used in tobacco cessation counseling are:

   A. Accuse, Admit, Align, Agree, Accept
   B. Assess, Advise, Agree, Assist, Arrange
   C. Assess, Advise, Admit, Accept, Agree

Diabetes and Tobacco: A Harmful Combination
Post-Assessment
Please Circle the answer that best represents your current practice.

1. I currently make referrals to our states Tobacco Quitline. Yes No

2. I currently ask each patient/client during each visit about their current tobacco use. Yes No

3. I feel comfortable talking with my patients/clients about tobacco cessation. Yes No

4. Smoking 1 cigarette reduces the body's ability to use insulin. True False

5. The 5 A's of Self-Management used in tobacco cessation counseling are:

   A. Accuse, Admit, Align, Agree, Accept
   B. Assess, Advise, Agree, Assist, Arrange
   C. Assess, Advise, Admit, Accept, Agree

6. I plan to incorporate the 5 A's into my client counseling. Yes No

7. I plan to incorporate the AADE 7 Self-Care Behaviors into my client counseling. Yes No

Professional Credentials: RN RD LPN Other _____
CDE BC-ADM

Current practice setting: Local Health Department Community Health Center Hospital
Other _____

Please complete and fax to 618-998-9145

Thank you!